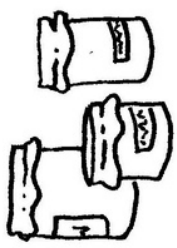


OPENING TIMES:
 M CLOSED
 T 10-4:30
 W 10-4:30
 TH 10-6:30
 F 10-4:30
 S 10-3:00
 [S CLOSED]

FOR MORE FOLLOW
 @buy-the-kilo AND
 @growmore-wasteless
 ON INSTAGRAM

BUY THE KILLO
 NO.3 THE SIDINGS
 TYNEMOUTH STATION
 NORTH SHIELDS
 NE30 2TF

PRESERVE SWAP



ARE THE CUPBOARDS ALREADY FILLED WITH ALL YOUR HOMEMADE PRESERVES?
 LETS CELEBRATE THE HARVEST FESTIVAL TOGETHER BY SHARING OUR JAMS, PICKLES AND CHUTNEYS!
 AGAIN WE WILL BE TAKING FOOD BANK DONATIONS

THE WEEK OF: **21ST SEP**

OUR MISSION

LETS SHARE THE ENJOYABLE AND REWARDING EFFORTS OF GROWING YOUR OWN VEG!

YOU DONT NEED A GARDEN OR ALLOTMENT TO GROW - JUST A LITTLE OUTDOOR SPACE, A CONTAINER FOR SOIL AND A LITTLE KNOW - HOW

*** GARDENING IS A COMMUNITY ***
 LETS COME TOGETHER AND SHARE OUR SEEDS, PLANTS, PRODUCE, PRESERVES - BUT BEST OF ALL, OUR KNOWLEDGE:-
 COME CHAT WITH US AT THE SHOP! (SEE BACK)

PRODUCE SWAP

COME SHARE THE FRUITS OF YOUR LABOR FOR SOMETHING DIFFERENT!



ALL EXCESS WILL BE DONATED TO A FOODBANK

EVERY FRIDAY OF: **AUGUST**

PLANT SWAP

20 BROCCOLI BUT ONLY 1 LONELY TOMATO?



COME AND SWAP YOUR GERMINATED SEEDS FOR A DIFFERENT VARIETY!

THE WEEKS OF: **25TH MAY + 22ND JUN**

SEED SWAP

COME PICK UP A SMALL PACK OF SEEDS MORE FITTED TO YOUR GROWING CAPACITY!

IF YOU DONT HAVE A PACK OF SEEDS TO SWAP, JUST COME AND TAKE A PACK - DONATE AS YOU FEEL

TAKING PLACE @ THE SHOP THE WEEK OF: **9TH FEB**